



## **Darkness is Our Greatest Teacher**

We ask you Shaltazar to come forth now to help us understand with greater clarity your message of accepting the darkness and the search for One. Maybe intellectually we understand the need for darkness, the need for us to experience suffering and discomfort, but it still does not feel good. For many of us that are more aware, we have realized that from the despair, the frustration, the darkness has come a greater light. But Shaltazar for those of us, and me included, who have just come through a period of time where the pain and suffering seemed to be heightened, when even Mother Nature seemed to be reeling from the unusual weather patterns, we are confused.

As spring, for whatever reason, seems to be delayed this year, and so the prolonged period of darkness has been upon us, we would like you to come to us and explain in greater clarity why this darkness is so important. Many of us, given the choice, would say 'no thank you' to the pain, the suffering, and the darkness. We would give it back in a minute. For many of us, it seems beyond our control. Many of us over the past number of weeks have felt disconnected from Source. It is as though our ability to feel love was cut off. So come to us now oh wondrous Shaltazar, the Keeper of the Secrets of the Universe, and help us understand the darkness.

We are here with you now and forever. Our love for you is unconditional and everlasting. And yes, we feel your discomfort. We see your world in turmoil. We see the suffering. We see the pain. We realize that simply by us telling you that it is a part of life does not bring you comfort, does not bring you solace. It might surprise you to know that as each and every one of your brothers and sisters on planet Earth are going through their difficulties, we are there watching on, watching over, and observing your discomfort. We have told you many times in the past that all you need do is ask for our assistance, ask for our guidance, and we will respond. There are times where your ability to connect to us is impeded. Know we have not deserted you, we have not gone away, we are there surrounding you and hugging you, but often you are unable to feel or sense our presence.

You say to us "That is not fair. Why do you do that to us?" Let us reassure you that it is not punishment, that it is not revenge, it is not even karma. Your world is beginning to open up to a greater level of enlightenment. Let us assure that is happening. You need not look far to realize that more and more of your brothers and sisters are connecting to their divinity and finding that part of themselves that is God. Even though more of the planet is becoming more enlightened, it is important that you continue to rise yet again to a higher level of consciousness.

What is this higher level of consciousness we speak of? It is a level where you are capable of transcending the duality, of mastering the duality. For when we tell you that it is possible to accept the darkness no matter how uncomfortable it is, we are telling you that you have the capability of

realizing that you are many aspects, that you are love and you are hate. You are joy and you are misery. For that is why Source created the duality, as we have told you many times before, to know Itself greater than all knowing, all being is capable of fathoming. Each time you go into the darkness, either by your own accord, or by a higher power that controls the calibration of energy in and around your planet, you become a different person, you evolve. The reality is you must face the darkness on your planet Earth because it is a part of life. The higher the light the more need for darkness to come forth in different forms. You see my brothers and sisters the choice is yours as to how you respond to the duality. The discomfort you feel in the midst of the darkness is not bad, unless you make it bad. You notice we do not deny that it is uncomfortable.

I am sure each and every one of you would admit, although possibly not openly, that your trips, your travels, your journeys through the difficulties in your life, through the darkness in your life, through the discomfort in your life, has taught you much. Please let us assure you that this is not a sadistic plan by a God that does not care. Can you imagine a God that is all loving, all being that would allow Itself to come forth in human form to experience such suffering? Why you may ask would God do such a thing? We say to you, to know thyself better so the I Am That I Am, can expand.

You have heard us say many times before that you learn by comparison. And, we know this for sure because we have been with you when you go through the difficulties in your life. You cry out saying “This is not what I want, this is not what I want”. But it is the experience of that difficulty, it is that experience of that darkness that allows you to grow exponentially. Not only your personal growth, but the growth of the collective consciousness. So although we are still with you—yet it appears you are cut off from the Source and you may not be able to feel us or connect to us—there is nothing we can do to get you out of your snit, so to speak, any faster. It’s rather ironic that what you are experiencing might be considered a reward for the great work that you have been doing. Therefore as the planet becomes more enlightened, the greater the need for deeper learning. God does not give you anything you cannot handle.

Support is essential as you go through your ‘dark night of the soul’ over and over again. We say to you that this is not a dark message, that this is not a grim message, that this is not a foreshadowing that your life will become worse. No not at all. We are here to tell you that you will learn; you are learning to cope and understand your darkness. With each trip you make into the midst of that darkness, and as you have experienced a more extended stay in that place where no one wants to be, you have grown tremendously. You are an inspiration for those who have not yet begun their journey. You are an inspiration for your family. For each time you come out of the tunnel of darkness you are stronger, you are more able, and may we say you are more loving.

The way to survive (and that may seem like a strong word) the way to cope (may be a little lighter) with those periods of darkness that may or may not be of your causing is to **accept**. Is to allow, is to stop fighting, is to stop pushing, is to stop resisting. For as we have told you before, the way to enlightenment is to accept and embrace the darkness. We hear you cry out to us, “How can we learn to love that part of us? How can God love all? We are but mortal humans, how do you expect us to love that which is so uncomfortable?”

You have heard us say that to love is not necessarily to like. For while God has no judgment, can you imagine God without a preference of like and dislike? Can you imagine a love that transcends that which is likable and that which is unlikable? Learn to accept the cycles of life, learn to let go when something is beyond your control. As you enter the tunnel of darkness know that there is, and we shall emphasize, is **always** light at the other end. In the midst of the darkness, when all you see and feel is darkness, we understand that your faith diminishes, that your optimism diminishes, that you feel deserted and sometimes even unloved. But the next time you enter that dark tunnel connect with that deep knowing, that inner voice that is a part of God and allow It to comfort you to the best of your ability as you traverse the darkness. Your planet of free choice will never, and we repeat never,

be devoid of the darkness or the light. It is the cornerstone, the foundation upon which your planet was built.

If the darkness will not go away, your only choice is to learn to cope with it, to get through it the best you can. Often we see you, we see you pulling or dragging your way out of that dark hole, and we see and feel you so beat up, so tattered, so disheveled. Some of you have difficulty shaking it off and beginning again. Others are worried that the top of every mountain is the bottom of the next and fear the next round of darkness. You have much to accomplish on your planet and you are making great progress. There are signs of compassion, there are signs of love, and there are signs of cooperation and collaboration. You might say "Yes, but there are lots of examples of the opposite," and we would agree. Unfortunately the human condition tends to be preoccupied with looking at what is wrong, as opposed to how far you have come. Since for us there is no linearity, there is no time, we see in the now of this moment great progress. We congratulate you and look forward to those moments when the darkness passes and the first rays of light begin to shine for the beginning of next cycle. We rejoice as the dark veil lifts and you have survived another cycle of darkness.

If you are able to reflect on the difficult period of time you have come through, you will realize that you have grown greatly. Every moment of discomfort, every moment of struggle has created something in you that you did not have before. Those of you who are prepared to embark on this journey, or to continue on this journey, are a credit to the human race. We only wish that we could help you more when you go through the tunnel of darkness. The human race has become somewhat attached to and obsessed with technology. Let us use the analogy that when you are in the tunnel you are cut off from your cell or Wi-Fi service, and we know how discomforting that is when your need to be connected is so great. That dark tunnel not only cuts off your cell service, it cuts off your connection to the invisible world. Being cut off allows you time to go inward. To reflect and take stock so to speak. Some of you are developing the ability, in the midst of the darkness, although the connection has been cut off, to be able to know, and we repeat to *know*, that this too will pass and that you have not been deserted.

We ask those who are able, who have developed the skills to cope better in the periods of darkness to reach out to your brothers and sisters. For the way to minimize the suffering on your planet is to be there for each other. Those beautiful brothers and sisters that have left you are part of the plan as well. They are assessing the planet, watching on with love as they prepare to reenter. For there is soon to be a new round of enlightened births; all you need do is look at the young ones. All you need do is look at the babies that are coming forth at this time. And those of you who are energetically sensitive will realize there is something special about them. They are the leaders; they are here to help change your world forever.

We must remind you that even when the connection is weak, we are here for you, we are watching over you, hold on and remain optimistic. We are here for you any time you wish to converse with us, all you need do is ask. Know that we love you unconditionally and that we are here for you always.