



## **Letting go of your Personal History – Live Event**

Yes We are here, We are here with you now and forever. We are the energy of 33, the Gavish Banenu and We have come forth at this time to bring you Divine Wisdom. We bring it forth to those of you who wish to receive it. For as We have told you many times before, you live on the planet of free choice. We bring you this wisdom from a place of love. We bring it to you so that you have the opportunity to live in greater peace, in greater harmony, in greater tranquility. We are sure you are aware that many parts of your world are in turmoil at this time and some of you may be feeling your own inner turmoil as well. We are sorry that you have to experience this discomfort, this inner turmoil. But you are alive at a monumental time in human history where you can let go of your inner turmoil and find inner peace, inner harmony, inner tranquility. And by doing so you will be doing your part to change the turmoil that exists on planet Earth. Many other countries that live with a democratic system are experiencing great challenges at this time. These challenges, these difficulties are not punishment, they are not retribution, but they are opportunity. For you see it is always your personal choice as to how you wish to look at what is happening to you and to the world around you.

It is time to let go of the conditioned beliefs of the past generations that have continued to perpetrate fear, hatred, discontent, worry and doubt. There is an opportunity to create peace in your world. And yes you have organizations and institutions like the United Nations. And yes, you can hope that those institutions and organizations can bring about world peace. But let Us assure you that world peace will not exist on your planet until more and more of you find your own inner peace. And We realize it is difficult to find inner peace when your personal history has often been so turbulent and so challenging. But We want you to know that We are here for you always and that We love you. We love you when you are going through your turmoil. And We love those who have not yet awakened to the possibilities, like those of you in this room now. You are here because you have awakened. And in your spiritual journey, We are sure some, or many, or all of you have found tranquility in a moment of connecting with that spiritual part of who you are. We congratulate you, but We are here to tell you that there is more that can be done. You can bring that harmony to your humanity, as well as to your divinity. The first stage is to step back, step aside, so to speak, from your humanity. And We know that all of you in this room to a certain degree have done so, otherwise you would not be here this evening.

But now is the time, if you choose, to move to the next step, to open a new chapter in bringing the peace and calm, the harmony of your divinity into your human life. We hear

you cry out “but how, how do we do so?” We know you have endured such hardships, such challenges, some more than others. There is no judgement as to what is a difficult hardship and what is a less difficult hardship. Because from your personal perspective hardship is hardship. Pain is pain. Discomfort is discomfort. So We are here this evening to suggest to you that it is time to look at your personal history in a different way. It is time to stop letting it define you, because as We have told you many times before all his vibratory energy. And when you look at your personal history with the vibration of sorrow, of regret, of wishing it was different, of hoping it could have changed, you are bringing an energy that unfortunately will perpetrate that challenge, that difficulty, that hardship. We are here this evening to suggest a different perspective. Begin to look at your personal history as an opportunity for learning and growing. We have told you many times before that all life evolves and so too does your human life.

But when you continue to dwell on the hardship of your personal history you are preventing the evolution that will allow you to be free. Yes, freedom is achieved when you look at your personal history, the experiences that you have had, in a different light. Do you actually look at them from the light? So often you look at those experiences through the shroud of darkness because that is what you were going through at the time. But reflecting upon that personal history with a shroud of darkness, with the vibration of darkness, holds you back from freedom. And so now We invite you to reflect for a moment on some of the most traumatic experiences you have had. Do not be afraid because We are here with you always and forever. Now begin to reflect on that traumatic experience from a place of love. From a place of opportunity, from a place of learning, from a place of light. Is it possible that part of you, yes, a higher part of you, your Spirit, your Soul that came forth in this lifetime expression created the setup so you could go through that difficulty? Again, We repeat, not as punishment, not as retribution, not even as karma but as opportunity. The sooner you are able to see your personal history from a place of opportunity, from a place of growth, a place of learning, a place of light, the sooner you will allow yourself to evolve to higher and higher levels of consciousness.

Let go of the history, accept the mystery and appreciate the gift that you have - being alive in this monumental time in human history. In a time where gatherings like this can occur without fear of retribution. A time where you can connect to your personal power, where you can connect to your divinity. Where you can share your beautiful spiritual gifts with others. It is time to let go of the albatross, your personal misery. It is time to use alchemy to transform those past experiences into light, into gold, into treasures. Who you are today was created by those experiences, but you are not that personal history. You are not your experiences, you are not what happened to you. You are so much more, but until you cut yourself loose from the anger, the frustration, the regret that keeps you deep under the water gasping for air and trying to get through each day, you will not be free. You have the power to cut the anchor loose. You have the power to shake off the albatross. So begin, begin today, this very moment to look back at your personal history, not with regret, not with remorse but with a smile on your face, realizing how strong those difficulties, those challenges have made you. Realizing how powerful you are as a human being to have conquered those challenges. And then We say to you - this is just the beginning.

Let go of the darkness, bring the light to that which within you has been shrouded in darkness. Love, love all that you are. Love all that you have experienced. No matter how difficult and challenging it was, love as God loves - unconditionally. It is time to let

go of the past. It is time to live in the eternal Now. It is time to stand in your power. For as you can see all around you in the news, in the current events, in the stories that are being told, the world needs you. And if you are angered about your past, if you are angered about your personal history, if you are angered about the darkness that you have gone through, you will not have the strength to stand in your power to help transform your world. You are moving closer and closer to the tipping point and each individual can play a role by letting go of the fear, by letting go of the darkness, by letting go of discrimination. But instead to love, for that is who you truly are. We are here with you any time you wish to connect with Us. Find your own personal ways of connecting to your divinity, but then use that connection to change your view of life. Find the power that is deep within you. Use whatever practices allow that to be easier for you - your meditation, your yoga and your healing practices. And then as you walk out the door in the morning to a world that often seems like it is in chaos, bring that healing energy that is deep within you, bring that peace, bring that inner harmony to the world. Begin to vibrate light in all your human activities. And We repeat one of the ways to do so is to let go of your personal past. Let go of your personal history, holding on to it keeps you small.

We bring you this message in love, the choice is always yours as you live in the planet of free choice. We know looking at your traumas of the past can be a challenge, can be difficult, so We encourage you to seek support. Find other Lightworkers workers that can hold your hand and help you process your darkness. Then you will be able to finally let go the personal traumas that have plagued you for so long.

Our love for you is unconditional and we are always here for you.

With love  
Shaltazar