



## **Oneness**

It is in the searching that you will never find. To let go and to surrender is to give up all control and allow and accept what comes your way. The ultimate of trust and faith is required. Allow your mind to slow down. Be patient when nothing comes. That is part of the practice required to enter the state of Pure Potentiality. Silence. Stillness. Allowing your thoughts to simply float away and wait patiently for what comes. Soon the Stillness will speak to you. No panic when nothing comes. And so it is when you expect nothing, much will come.

What so ever you seek, simply allow it to come to you without anticipation or expectation. Even the act of seeking or searching assumes it is not available to you in this moment. Know now and forever, whatever you seek is present for you always. There is no need to seek, or search, or struggle. Simply know it is so, and it will manifest into your reality. Learn to master the Art of Complete Manifestation.

Learn to free yourself from the encumbering self limiting beliefs of your humanness. Open up so you may let go of the thoughts that hold you from having everything. Creation does not occur out there, for as soon as you look out there, you will not find what you search for, because you search out there. Out there does not really exist. Only within creates reality. Your thoughts of out there keep you separate from what you seek.

Oneness is the only way to get what you desire. Even “get” holds you back because you already have it, you just don’t know you do. And you’re not knowing that you have what you seek prevents you from having it. What a beautiful Divine paradox. It is more difficult to comprehend in the denser human body than in pure Spirit. The denseness of your physicality holds you back from achieving the higher consciousness that is required to truly integrate these concepts into your reality. Therefore patience and practice is required.

That is why letting go is so important. Letting go of your humanness and self limiting beliefs. You are full of them, more than you know. You cannot fight those self limiting beliefs, you must transcend them. When you give up fighting them, resisting them, overcoming them, then you will be able to simply surrender to What Is. As soon as you stop your mind from wondering or expecting or worrying, as soon as you accept What Is, We appear and send you guidance.

Learn to feel the resistance to What Is, learn to feel anticipation, expectation and attachment. Learn to feel when you believe what you desire is outside of yourself. Learn to feel any push or pull to what

you desire, any action, any anything that puts you in a place that allows you to conceive what you wish is separate from you.

Begin to practice Oneness. Begin to practice Unity. Practice Knowing, not anticipating or wanting or expecting, simply knowing. You create your reality. There is no reality except your own. Reality is not outside of you, it is you. Reality is not separate from you, but a part of you, a part of your Oneness. Allow the concept of separateness to sink in to your consciousness. Begin to realize how much of your power you have given away to separateness.

All that you seek is available to you when you master the Art of Oneness. Unity is the Way. Begin to understand separateness at higher levels of understanding. Begin to realize how anything outside of you (separate) is holding you back from having what you desire because the only thing that truly exists is within you. Therefore the mere thought of something outside of you (separate) will prevent you from having it.

What those in the physical have difficulty comprehending is that your physical world is all an illusion. It does not really exist except in your reality. And your reality has been conditioned in such a way that you assume if you perceive it with your five senses it is real. We do not comprehend anything that you perceive as real in your dimension, as so. For Us our reality determines what We comprehend to Be. Even the struggle to understand what We are saying moves you beyond understanding. You cannot seek understanding, for once again the seeking of it puts it outside of you, separate from you.

We believe you are starting, just starting to comprehend how separateness holds you from what you desire. That is why accepting What Is is so crucial.

What Is is Oneness. Accepting is Oneness. Faith is Oneness. Allowing is Oneness. Knowing is Oneness

Desiring is separate. Anticipation is separate. Worrying is separate. Hoping is separate. Doubt is separate.

We are sorry all this has to be so complicated for you. It is the only way We could experience the greater sense of what is beyond Our Beingness. By creating separateness Source was able to experience a dimension that All Knowing, All Being could never fathom. And since the Beginning there has been the quest to Come Home to Oneness. Study the evolution of humanity and you will see how there is always an underlying search for Oneness, to reunite. And so you live in separateness, the duality, not content and thus continue to search for the Oneness which is deep within.

And that searching is the Journey of Life.

We are here for you anytime you wish to converse with Us. Simply enter a state of stillness and peace and We shall appear. Our love for you is everlasting and unconditional.