



## The Art of Conscious Creation

Thank you arch angels, spirit guides, ascended masters, and all the invisible entities that are pouring into the room excited with the possibility to communicate openly with us and through us. They only ask that we open our minds and open our hearts and they say we will know their presence. So take a moment to let go of any thoughts. Set the intention to let go of any of the limiting beliefs or limiting thoughts that might hold you back from communicating with the divine. We are here together in this circle so that we may amplify the individual vibratory energy that each of us has. For as we gather in the circle, we create a sense of synergy. We create a sense of amplitude, of magnification, of the vibratory energy that each of us possesses. It is in that raising of the amplitude that we create miracles. They are asking you this evening are you ready to witness miracles?

I believe in miracles. I create miracles. I am a miracle. Begin to silently in your mind's eye repeat that affirmation. As you repeat that invocation begin to feel it, begin to feel the power that you have that is yours, that is your birthright. I believe in miracles. And now, as you state that you create miracles believe it. Come from a deep knowing that you are capable of creating miracles. And as I repeat it I want you to integrate that belief. We are often taught that that is not possible.

We live in a very rational, logical world where miracles don't make sense. They have no explanation. And yet, I know that every one of you in this room in some way or another has witnessed an unexplainable miracle that has either shown up in your life or in the life of a loved one or friend. So we declare to you, indivisible entities angels and guides, ascended masters, messengers of the Source Itself, that we *do* believe in miracles. And we know we are capable of creating those miracles. Once more on a good day we know that we *are* a miracle. Let today be one of those good days when we focus on that knowing that we are a miracle.

In order to be able to create miracles on a more consistent basis it is important that we understand the laws of manifestation, the laws of creation. And the entities in the room wish for me to explain to you that when you understand, when you move to that place of knowing of how creation occurs then you too can deliberately create what it is you desire in your life. For they are reminding us that whether we know it or not, we are creating all of the time. And yet we say how could that be, with the pain and suffering that we see all around us, our brothers and sisters on planet earth? How could it be? We say to the entities, "How could it be that we would create such misery, such suffering, such hardship?" And they say to us, because you are not aware of the laws of creation. If you truly understood the laws of creation you could eradicate the hardships, the suffering, the pain.

And we cry out and we say to them: "Tell us." Tell us the answer. For we are tired. We are tired of this journey of struggle. We are tired of seeing our brothers and sisters go through so much pain, go

through so much suffering. There isn't a day, if you pay attention to the news, that you don't see the suffering on our planet. We cry out to the divine and say, please show us how we can end this cycle of misery. And they say, the first step is to know thy power. To realize that whether you know it or not you are a source of creation just as God Itself, the great Creator, the Source of All. It creates. Just take a moment and listen to the rain. And imagine it is Mother Nature's shower washing away all of your fears, all of your worries, all of your concerns. Thank you Mother Nature for cleansing us.

So begin by realizing, by knowing, by believing that you have the power to create. That piece of you that is God can create anything that you choose. Whether you know it or not, you are creating. They invite us to wake up and become more aware of what we are creating so that we may shift it to something we truly desire. Now take in a deep breath, and with that breath, connect with your power.

Believe in your power, allow that power to fill your body, allow that power to consume you, to become you, until there is no more you. Just this power to create. And now they invite us to get to know this power. For it is not what you think it may be. As a matter of fact, thinking about your power will dissolve it, will dilute it, will scare it away. They say *feel* power. Put your hand over your heart and feel the power. The beat from your heart is the music of the power that is you. For eons there has been discussion as to how creation occurs. There are the scientists. There are the occultists. There are the religious people. There are the spiritual people. We have been debating for thousands of years, how is it that we create. We will never unlock the secrets of the universe. There are those that say God is unknowable and God is unthinkable. But that does not prevent us from understanding at the deepest level we are humanly possible. For our humanness limits our ability to comprehend the true multi-dimensionality of divine energy. They say to us that should not prevent you from understanding and practicing the art of conscious creation. But once again, they caution. Unless you believe you have the power to do so, unless you believe you are capable of creating a reality that you choose, it will not be possible. For at the root of creation is knowing. Not thinking, not doubting, not worrying, not being afraid, but simply knowing.

That is the seed of creation. The fertilizer of that seed is twofold. The first part of that fertilizer is the ability to dream, to imagine, to desire, the creative aspect of deciding what it is that we want to create. Some call this the feminine energy, the yin. As we all know, anything that is created it is said is created twice, once in the mind and once in physical form. That focusing on what it is we want, that creative aspect of creation is the beginning. They point out to us that create is the derivative of creation and creative. To get in touch with that part of us that can in an uninhibited way, simply dream of what we desire while remembering that the seed of creation is knowing.

Often we desire, often we want, often we long for, but that does not come from the root of knowing. It comes from the root of longing, wanting, doubt, worrying, wondering. Feel the energy, feel the energy difference in this very moment they ask you and they will help you. First, feel the wanting and the longing and the desiring, and the fear of what it is you want. You'll feel the fear coming up if you don't deserve it and it won't happen. And how could that ever be? Feel that. Feel how distressing that is and now take a deep breath. And they say give it over to us. Simply give your fears, your worries, your doubts, your wondering to us. They're here. We will throw them into the wind, we will give them unconditional love, and send them on their way, they say. And now in this moment, come from the place of knowing. We have all experienced at some time in our life when we know, when we know at the deepest sense of who we are, that it will be. Feel the energy of knowing that it will be.

And now in comparison, observe the difference between those two energies. How can creation come from the toxic worry, from the toxic fear, from the toxic longing, the toxic wanting, the toxic feeling of not deserving? That will snub your creative desires, and chop them off and disintegrate them. Feel the toxicity of the fear and the disbelief and the not knowing and the wondering. And now shift to the knowing and watch the seed begin to sprout. Imagine that knowingness, sprinkled with imagination that can create whatever it is you want. Whether that seed is the beginning of a painting,

or a new life, or renewed health and wellness, or monetary abundance, begin to imagine what it is you desire in life. As the entity Abraham says through Esther Hicks, “put out those rockets of desire,” but put them out from the foundation of knowing that you are capable of creating them.

Now we come to the second important component of creation. The great creatives of humanity have wonderful, amazing ideas. They dreamt, they imagined. But creation only occurred when they put paint on the brush and put the brush on the canvas, when they took the sculptor's tool and began working with the marble. And so they are saying to us there is a second extremely important component to creation. That is the doing, that is the masculine energy. And they're laughing. They're saying: Oh you all know that too well, for you have created a world that is full of the doing. You have created so much doing that you have forgotten that the being, that the creative aspect is a very important component of creation. By simply doing, you are giving over your creation to the mind, often to the unconscious mind that simply repeats what it has been taught. That simply repeats the beliefs that have been handed down from generation to generation. For you see they're saying to us, you understand creation. You are creating everything that is happening in your reality because the masculine energy is a very important part of that creation. But what they are inviting you to realize here this evening, is that there needs to be a balance of being and doing, of feeling and thinking, of imagining and making it happen.

They invite us to realize that we have forsaken that important first component of creation. The knowing, the being, the imagining, and so they invite us to begin to practice a new form of creation—conscious creation—where we take the time to scope out what it is we want. And they're wagging their fingers at me saying and don't forget to tell them they do not have to be in charge of “the how,” for the knowingness comes from what it is you want. The how is the masculine energy. The root of creation must come from what it is you want. Often you think it is money you want, but that is not true. It is what you can do with the money that you truly want. It is the feelings you derive from having monetary abundance that you seek. It is the feeling derived from spending that money, from taking care of your basic needs and wants.

And so now I invite you to take a moment in silent meditation and to begin to affirm in the presence of the angels, guides, and invisible entities what it is you want in life? The sooner you become more aware of your wants, the sooner you will become a more conscious creator.