



Messages from Shaltazar – Two Sides of the Same Coin

We are Shaltazar, the Gavish Banenu. The energy of 33, the Master Teacher and We have come forth at this time to bring you Divine Wisdom. We are with you Now and Forever. Take a deep breath my child. And yet again. It is time if you choose to let go of the karma that you brought forth into this lifetime expression. It is time to connect to the True I Am. Not the I am that you have come to know as you. For Who You Truly Are is so much more. But therein lies one of your challenges. In the place of the Duality that you currently reside in, there is **always** two sides, but what you don't realize is that the two sides are of the same coin so to speak. In your Duality, the place of the polarities, what you don't realize is all is the same, but only **appears** differently. It feels very different to you and We understand that is your reality. It needs to be that way if the true learning is to take place. Yes, the learning, for that is the reason you ventured forth into physical form. To learn, to grow, to evolve. And what a better way than to come forth into a place where you experience, and where you are exposed to, the both sides of one coin, so to speak.

“So if all is the same, how can so many things that exist in human form feel so very different?” We hear you say.

That is because upon separation from the Source you not only forgot you were One, but you were programmed to not be able to see human life from the perspective of Oneness. Look around you and you can't help but see how different life everywhere appears. So you cannot help but believe that the opposites, the polarities, exist very separate from each other. Very different and often irreconcilable with each other. Yes, you believe the opposites are different. And as such you seem to always be experiencing one or the other. Have you noticed that often you experience the side of the Duality you find most uncomfortable and displeasing? Did you ever imagine it was part of the plan? You push, you shove and you try and try some more to get to the other side of the polarity, to escape that which is unpleasant. You choose to see one side of the polarity as good and one side as bad. You judge them and put in so much effort to escape the bad and find the good. And so you go through lifetime after lifetime seeking and searching to find the polarity that you believe to be good, to be desirable.

Have you noticed how many humans never get what they desire, never traverse the chasm to the other side of the polarity that they so desperately seek. Lifetime after lifetime they try so very hard to find the other side of the coin they so fiercely want to experience. We will let you in on a little secret. It is the very acknowledging of the two sides – the good and the bad that keeps you stuck. We know it

is difficult in your lower and slower vibration to be able to rise above the swing of the pendulum and see life as One. You are programmed to see Two when actually there is only One that just appears to be Two.

“How can that be?” you say. “We know the difference between one and two. How can you tell us that love and hate, lack and abundance, joy and depression and so on are the same? We are not stupid. We know they are opposites and can never be the same. “

That is exactly why you sentence yourself to being stuck in the Duality, always searching for the other polarity. Rise above the swing of the pendulum. Rise above what you think are opposites. Let Us go back to the phrase We mentioned earlier – two sides of the same coin. In your physical plane you have something you call money. That is a very interesting invention that has come to represent a certain value. For many, more money is good, less money is bad. But that can be a topic for another discussion. One of the objects that represents your money is often a coin. Coins look different in diverse parts of your world, but nonetheless they are coins. Did you ever notice that nowhere on your planet is there a coin that is the same on both sides by design? Yes every coin has two sides, very representative of the duality you live in. And there is always something different on each side of that coin. Regardless of what you call one side of the coin or the other, they are different. For many it does not matter what is on each side. Most of the time you merely focus on the coin itself. May We say - the whole coin. Your concern is about the value of the coin and how many you have. You often don't even notice what is on each side.

Well if you were to apply Our analogy of the coin to your life how would that play out? If you were the coin, your human life, what would be most important to you? Would it be the value your entire life creates? Or would it be the Duality you experience in that lifetime? What if you began to see your life as the whole coin and not the two sides, the polarities of human life? And when you say you don't like what you are experiencing, We would say, let go of the sides of the coin and instead focus on the whole coin, on the totality of your life.

We hear you cry out, “But one side of the coin feels so much better than the other. We don't want the difficult side of the coin, we want the pleasant one.”

Then We would say to you if that is the case then you cannot have human life. If you think you can dispense with one side of the coin and just keep the other, then We are sorry to inform you there will be no coin. Yes the coin cannot exist with only one side. We must advise you that the design of human life is not within your power to change. Only the Source who created human life can change its design. The only power you have is to decide how you respond to what comes your way in the human life you are living. If you wish to have your human life, your coin, so to speak, then it must, yes it must have two sides. If you insist on concentrating or focusing on the polarities of life, you will limit your ability to truly experience the full value that your coin is capable of yielding.

Often you have heard of rare coins that demand a great value. For whatever reason, that coin is deemed very valuable. It could be because of its age or who possessed it or any number of reasons. But nonetheless it is considered valuable. If you think about it you would realize that it is not what is on one side of that coin that determines its value. It is the coin itself. The whole coin that makes it of great value. And yet here you are focusing on one and only one part of your life. You think if you have more of one aspect of your life, more of one part of the duality, that you will have a more valuable life. But then my child you would not have lived a complete life. You have come forth in human expression to live in the Duality. The place you came from and the place you will go back to is not a Duality. It is singular, it is Whole, it is One. And so if We go back to our coin analogy. Do you think a very rare coin

with one side of it faded, erased or not visible would be as valuable as the same coin with both sides visible and clear? We think you would agree the answer is no.

What We are trying to explain to you is when or if you choose to see your precious human life from both sides of the polarities without judgment, you will have the opportunity to experience a fuller, more valuable life. We know that means learning to accept that which feels uncomfortable, unpleasant and distasteful. But We reiterate what We have already stated – a life lived fully in the duality is truly a life of great value. You must understand human life is finite. It is not Who You Truly Are. We know it feels real, it feels like all there is for you, but a part of you knows it is just a part, a small part of your True Essence. The interesting thing is that as long as you focus on the different sides of your life, the sides of your coin, you will never truly be able to comprehend the whole picture of this temporary life expression you are in.

Rise up. Join Us on the mountaintop where you can see more clearly and begin to realize that when you are experiencing one side of the coin that is unpleasant, that it is how you handle that side of the coin that truly adds value to your life, to your coin. Begin to focus on the fullness of your life, the completeness of your life, not its parts. Don't get bogged down judging the sides of your coin and exerting so much effort to turn the coin over. Always try to see the completeness of your coin, the wholeness. Begin to realize the time you spend on the underside, the difficult side, the more unpleasant side of your coin, of your life, is what makes your whole life more valuable. Make your life as valuable, as worthwhile as you can by focusing on the Wholeness of it. Let go of the Duality and instead learn to accept all life as that which you have come forth in human form to experience at this time.

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