

SHALTAZAR

Divine Messages for Challenging Times

Understanding Unconditional Love

Greetings dear ones. We are Shaltazar the Gavish Banenu, the energy of 33, the Master Teacher and We are here for you Now and Forever. Take a deep breath. Release, let go and surrender. Simply be in this moment. Allow Our love to wash over you, feel it deeply. There is much fear all around you at this time. Try not to let it consume you. Darkness is merely the absence of Light. This Darkness is for purpose. When you wake up to conscious choice you will be able to see more clearly. You do not have to give in to the fear. No, you have the power to choose differently. But if you try to fight the Darkness, fight the fear, if you try to overpower it, you may find yourself consumed by it.

“But how can we get through it if we don’t fight it and push it away?” you ask.

We know it is difficult to comprehend, but the only way to get through the fear, the Darkness is to shine Light upon it. And how do you shine Light upon the Darkness? By moving to Love. Become Love. Let go of the fear by replacing it with Love. Yes, even love the fear. Learn to love all that you don’t like and that feels uncomfortable. Love with all your heart, with all your might, with all your sinew. Love fully as the Source loves All. Of course, it is far more difficult for you to love that which does not feel good. So how does God love unconditionally, you may be thinking? How can anyone love hatred, bigotry, ugliness, fear, suppression and on and on? We understand your inability to comprehend how Source can Love All, even the evil that shows up on your planet. In order to love fully, you must remove the “you” from the equation. For “you” merely prevents that which is required to love unconditionally. In order to comprehend unconditional love, look deeper into the word unconditional. It means without conditions. Yes that means with NO conditions. But for “you” that is impossible. Because “you” have been conditioned. You have experienced much in your human lifetime expression. And with each and every experience a condition is created, a significant influence on how you see life. Every experience in your human life has a cause and an effect. We referred to the Principle of Cause and Effect in our last teaching. The effects you experience create a neuropathway in your human brain. Yes, a conditioning so to speak. When you do this, something occurs. When you do that, something else occurs. A belief, a conditioning, an influence is created every time there is an effect from all your experiences.

Why are We telling you this? Because in order to unconditionally love you must let go of all of the conditions that have been created in your brain. You need to act from a place of amnesia, so to speak. To come from a blank slate. The only way to love hatred is to let go of what you were conditioned to believe hatred is. The only way to love fear is to let go of what you were conditioned to believe fear is. So, in order to love more fully, you must unlearn what you believe fear is, what you believe Darkness is, what you believe evil is, what you believe hatred is. It is difficult to love that which you believe can harm you. However, the Source can love unconditionally because nothing can

hurt the Source, nothing can harm the Source. In order to love what you believe could harm you, you must let go of the belief that it can harm you. And in order to let go of that conditioning, you must let go of all the causes and effects you experienced that created the belief in the first place. That is why We encourage you to let go, release and surrender. By learning the Art of Absolute Surrender, you can learn to love more unconditionally.

Let Us get back to those condition beliefs that come from your personal human life experiences. We have told you that all those causes and effects you experienced have been encoded in your brain, your thinking mind. It would not be prudent to wipe your mind clean, to have permanent amnesia just so you can love more fully. You would lose your sense of self, the ego, and that would go against one of the purposes of human life.

“So what can we do then?” We hear you ask.

Let go of the part of you that stores these conditioned beliefs. Let go of the mind and move to the heart. Feel deeply. It is the thinking mind, your brain, that prevents you from loving unconditionally.

“But if we do that we will only feel the fear and darkness more intensely.”

Yes, that is correct. But unlike the brain, unlike the mind, the heart does not remember. You have been scared in your life, you have felt fear, but all, and We repeat all feelings pass. We have told you many times how feelings are impermanent. They are in and of the moment. You may remember the times in your life you felt fear and how unpleasant it was, but that remembering comes from your mind, that remembering comes from the neuropathways created when you experienced the fear. The memory of all your experiences lives in your brain, not your heart. In the heart, you feel it and let it go. So when the fear, when the Darkness comes up, feel it fully and let it go. Do not engage the mind and you will discover that the fear passes. It is the beliefs of what that fear may possibly bring your way that causes the suffering and prolongs the feelings of fear.

“But how will that help us to feel love more fully when we feel fear?” you ask.

That is a very good question. But of course, you ask it from your linear, logical brain. The brain cannot understand how the heart operates. Deep within each and every human being on your planet is a piece of the Source. And We have stated earlier that the Source fears nothing, is afraid of nothing. So when you experience the feelings of fear, hatred, disappointment or Darkness, simply allow yourself to feel fully those emotions without engaging the mind. By doing so it is possible that you will allow the spark of God within you to be activated. This only occurs when your faith in the Higher Power is strong. When you believe that We are with you always and forever. Then you will no longer be afraid because your experiential memories from your mind won't be engaged. Instead what is engaged is your connection to that part of you that is God.

This is a key point in this teaching. Do not allow the mind to be activated when lower and slower emotions come up within you. When the Darkness arises simply release, let go and surrender the mind and you will find yourself in the cradle of God's arms. When you do so, you will feel protected. But once again let Us remind you that in order for this to happen you need to practice connecting to that part of you that is the Source more often. In the fear, in the Darkness, you feel separate. You feel apart from the Source. It is your separateness that fuels the fear and Darkness. The antidote to this is moving to Unity, to Oneness. The unconditional love that you seek can only come from a place of Oneness, being at One with God. Your mind keeps you separate because that is what it was taught. Most of your personal experiences in human life reinforce the premise that you are separate. You are separate from your brothers and sisters, you are separate from all that is outside of you and you are separate from God. If the Source is Unconditional Love, the only way you can ever experience a tiny

taste of this unconditional love is by letting go of your separateness and finding your Unity within. Your mind keeps you separate because it has recorded all your experiences of separation and cannot forget them. The only way is to let go of the mind, to temporarily disconnect from the conditioned beliefs.

Can you imagine if your brain was reprogrammed? Can you imagine what your life would be like if your mind believed more in your Unity than your separateness? You can change your conditioning. You can change your mind's programming. But it may take time. You simply have to experience more moments of Unity than separation. In order to do so, you must begin to feel Oneness, feel Unity more of the time. Practice connecting to that part of you that is the Source. Practice often.

We encourage you once again to contemplate, reflect, and think about how you show up in your life's experiences. Do you show up from your separateness, or do you show up from Unity? We must remind you that you live on the planet of free choice. Yes, the choice is always yours, in each and every moment you can choose whether you show up from separation or Unity. The more times you choose Unity the more your mind's conditioned beliefs will begin to shift. There will come a time when you are faced with fear, faced with Darkness and you will not be afraid. You will not panic or run and hide. Yes, you will know that all will be well. You will know that you are in God's arms and you are protected. You will not give way to fear, you will feel a deep unconditional love within you no matter what is occurring outside of you. The spark of God within will be ignited and love will be radiating from you. You will no longer be held hostage by fear. Your conditioned beliefs will no longer be in control. You will not be afraid for you know the Unconditional Love of Source will protect you always.

We bring you this message from a place of love. We are with you Now and Forever.

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