



Messages from Shaltazar – Finding your Unity Consciousness

We are Shaltazar, the Gavish Banenu. The energy of 33, the Master Teacher and We have come forth at this time to bring you Divine Wisdom. We are with you Now and Forever. We are here with you just as We have been throughout all of time. But now if you allow your mind to slow down and focus on this earthly moment maybe you can get just a small glimpse of timelessness. Yes We mean no time. Try to allow yourself to slow down and release all the tension in your body. Now in the midst of the serenity and calmness of this moment, try to get a sense of **all** that is happening in this moment. In order to do so you must let go of your moment and try to connect to the Greater Moment. What We mean by that is the Now of All Time. See if you can start by imagining the rest of your world in this moment that you are currently experiencing. Because your planet is round (a circle so to speak as all life is) you have different times occurring in this one single moment you are experiencing. Some are experiencing the first light of dawn and others are witnessing the light turning to darkness. Is your dawn really a different moment than their dusk? Just because distance separates two moments, does that make them a different moment? We think you will agree that is not the case. Two different places sharing One Moment. Now expand this concept until you begin to sense millions and millions of places all sharing One Moment. If distance didn't exist, you would get a better sense of how much was happening in this One Moment. That is because distance would not be separating those moments. The separate individual moments occurring all over your planet would all be available to you all at once. No longer would you be witnessing millions of separate moments, but instead millions of different experiences, all occurring in the same moment. One Moment with millions of experiences, not separated by distance, but all at Once.

It is not totally possible for you to fathom this concept in your human logical mind. For of course the mind has difficulty comprehending the concept of no distance. Your mind always keeps you separate by never letting you forget distance. It will also not let you forget the linearity of time.

But if for a brief encounter you could drop your mind, then maybe you could get a fleeting sense of experiencing a no time and no distance moment. Allow yourself, as you have gently dropped the mind, to sense millions of experiences all over your world happening in this one single moment – the Now. You cannot physically see all of these millions of experiences, but you have the capacity to sense them. This is only possible when you drop or quiet your mind. When the mind's chatter is silent, when you allow yourself to feel the stillness, you will be able to sense all that is happening in

the Now. For in the silence and stillness of any moment, you have the capacity to feel the All that is in the Now.

This may take practice because it is not easy to drop the mind and to sense the Oneness of any Moment. Your mind will not easily allow that. The mind is what keeps you separate, not only from sensing All Moments as One, no far more than that. The mind keeps you separate in many ways. Please don't think We are passing judgment on the mind and saying it is bad for doing so. On the contrary, Source created the mind for exactly that purpose, to allow you to sense your separateness. To a certain extent your mind is your protection. Yes it protects you because you live in the Duality. By its very definition the human Duality requires a certain degree of separateness. Source needed to create a place where all would not be One so It created your planet, a place where the principle of polarity ensured that separateness could and would be experienced.

We don't want to go too far on this tangent of explaining the purpose for creating your Duality – your separateness. Suffice is to say, it exists and your mind is the major way you sense your separateness. There are many ways that your mind protects you in your Duality, but let Us leave that conversation for another time. You can never totally escape the sense of separateness you feel, for your mind is a vital and necessary part of your human life. It is however possible to allow yourself to drop your mind or at least quiet it more of the time so you can experience the Oneness, the Totality that is at your Essence. You have the ability while still in human form to drop the separateness of the mind and connect to the Unity that exists within you. How do We know you have a place within you that is Unity, you ask. Because We put it there. It exists in each and every human being on your planet.

More and more of you are finding that place of Unity within, but still many have not found it. And even if each and every human being on your planet was to connect to that place within that is Unity, you would still live in the Duality where the human mind will keep you separate.

“So why are you telling us this if no matter what we are destined to be separate in our human lives?”

We tell you this so that you will know that you can transcend your separateness by not honouring the mind so much all of the time. As We explained when you drop the mind you can experience a sense of Oneness. We showed you how that is possible in the example of feeling millions of separate moments all at once. If more of you practice letting go of the mind and allowing yourself to experience your Oneness, you could attain a new balance on your planet. Yes a new balance where the separate mind does not have as much power.

The balance of power then would shift to the Oneness. Even though you exist in the polarities of life you always have a choice. Yes you can choose separateness by spending more time in your mind allowing it to lead your life, or you can choose to find your Oneness, your Unity consciousness, by spending more time in stillness connecting to your True Essence. If you participated in our exercise earlier where you allowed yourself to feel many moments separated by distance all at once, then you know you are capable of connecting to your Unity.

So the question We ask you to ponder is, which will you choose? To spend more of your “time” in your separate mind where so much fear exists by the very nature that separateness is fearful. Or by spending time in your Unity consciousness. You need not go searching for this sense of Oneness. It is your Essence. All you need do is drop the separateness and Unity appears.

We ask you to consider reflecting and contemplating on what We are suggesting – spending more time in your Unity, your Oneness consciousness. Please know whether you choose to do so or not you are always loved unconditionally by the Source. However, you just may find that by spending

more time in your Unity consciousness you are able to feel greater ease, harmony, serenity and calmness more of the time. From that place of Unity you may also find more creative and innovative solutions to your problems and challenges in life.

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