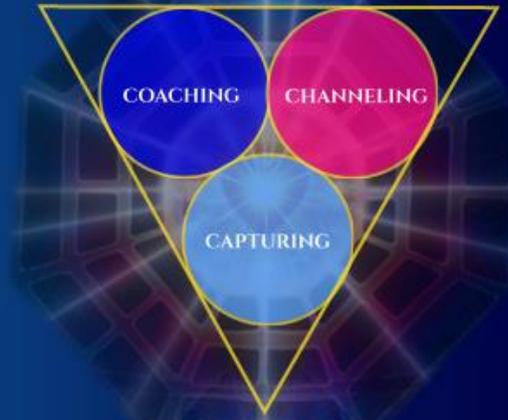


DISCOVER YOUR SELF.  
EMBRACE YOUR ESSENCE.  
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## **It's Time to Embark on a New Journey of Change**

We are Shaltazar, the Gavish Banenu, the Energy of 33, the Master Teacher. We have come forth at this time to bring you Divine Wisdom. Wisdom that will set you free, wisdom that can make your life easier, but it is you and only you who can decide whether you wish to accept the gift that We bring you, to accept this wisdom, and to apply this wisdom into your life. For wisdom is knowledge applied. You can read and you can research, but that will not truly help you for that only feeds the obsessive mind. Move to the heart and feel deeply what is going on all around you. It may scare you, and it may frighten you, but know that you can get through whatever it is that your planet is now experiencing. But you do not have to be satisfied with merely getting through.

There is a tremendous opportunity for change on your planet and that change starts with you. Do not be afraid of change. Make it your friend for change happens in your life every minute of every day, but often you are unaware, often you are unconscious of the change that is occurring. If you are prepared to make change your friend, there can be a great opportunity for you and your fellow citizens of planet Earth. How do you want to move forward with this change? That is up to you. What do you want different in your life? That is up to you as well.

Feel Us for We are with you always and forever. We can guide you. We can help you, but it is you that must take the first step. Action is required for Our guidance to be applied. There has been much suffering upon your planet. There has been much sickness and death. There always has been. This present calamity is just allowing you to see more clearly what is happening on your planet on a regular basis. As a humanity, We hope that you are proud of how so many of you have stepped up, have stepped forward with loving-kindness, with gratitude, with compassion and empathy. But why does it take a calamity for that to occur? Why have you chosen not to be more kind, more empathetic, more compassionate every day of your life? Maybe because you are full of fear because you are driven for more and more and more.

It is time to look at the possibility that less is more, it is time to rethink your habits, your rituals, what you would refer to as normal, for nothing on planet Earth is normal. How can that be with over 7 1/2 billion people in so many different countries, with so many different cultures? What is normal. And We suggest to you that there is no such thing. Normal is only you reaching out for some semblance where you can feel more comfortable. And so, your normal has been shaken up for a reason. And the reason is to create anew. To create a new world order, to create new possibilities for things to come forth in a different way. But you must

realize that that new is created by you the people, the citizens of planet Earth. Often you have given power to institutions and governments with the assumption that they will take good care of you. But how can they take good care of you when there is such diversity of opinions, such diversity of cultures, such a diversity of needs. And so, what We are suggesting is that it is you who needs to step up and take care of you. Do not rely on others to have your best interests as a priority. Unfortunately often taking care of you first is labeled as selfish in many societies, but We would say that is not the case. We are suggesting that taking care of you is just common-sense.

Self-care is very important if you wish to make changes in your life. Begin to contemplate what it is you need to be in the right frame of mind, to be in the right energy, to be in the right place to make changes in your life. Realize that an important foundation for change is to be in a place of calmness, harmony, alignment, and love. Allow the change to come forth from a place of love, not fear. So many of you are in the place of fear and if you put into place changes based on fear, you will simply get more fear. When you come from fear it does not feel very good. For fear is a very low and slow, unpleasant, and uncomfortable feeling. But let Us remind you that your feelings are a choice. They are your truth. And so, if you are feeling fearful it is because you are out of alignment with your Highest Good, you are out of harmony. And if you want to let go of fear, you must move to a place of greater alignment, greater harmony, and greater calmness. Feeling fear can be very addictive.

Breathe deeply as you take a breath. Breathe in love, breathe in harmony, breathe in tranquility. Let it calm your nervousness. Let it calm your fear. Allow your fear to melt away. Give it to Us on High. Realize that it is a privilege to be alive at this time in your human history. For great changes in your humanity are about to unfold. But what those changes will be is entirely up to you, each and every one of you, the citizens of planet Earth. And yes, without your input the governments and institutions will make those changes for you. Stand up and be heard. But do so in a loving and kind way, because if the changes are brought forth from a place of fear, from a place of rebellion, from a place of anarchy, then your world will not be better off. The new world order will very much resemble the old-world order. And let Us assure you that new world orders have come forth on planet Earth many, many times in the past. This reinvention of humanity is part of the process that was designed by the Source Itself.

And so, use this privilege, use this opportunity to create anew. The only way to do so is for you to re-create who you truly are. To let go of the conditioned beliefs, to let go of what no longer serves you. Find the authentic you and learn to speak your truth with love. Get your chakras in alignment. Tap into the infinite power of the Universe and realize that you have the courage, you have the stamina to change your life for the better. And when you do so, you will realize that there is a great desire within you to help others. And that shall be the movement that is possible on your planet at this time, but it starts with you. It starts with the courage to change.

Let go of the fear that is keeping you small. Let go of the fear that is creating so much suffering, for fear is a human construct. It does not exist in the Higher Realms. Fear is in the mind, move to the love that is in your heart. Let go of all that you were taught that no longer serves you. Stand up and become who you truly are. And then you will see great changes upon your planet, allowing it to flourish and come forth in a new way, in a kinder, gentler, softer way. We are here to help you on this journey of change. Simply quiet your mind and open your heart. Be still, be more still, be still again and We will be there to guide you, to assist you, to help you bring forth the change that is possible.

We know you believe that the world is a very big place and how can you, just one small individual bring forth great world change. But as We have told you before, change begins with the individual. As you change, the Whole changes. Become a leader. You have been a follower long enough. But first, you must learn to lead

yourself in a change from who you have been and embark on the journey to who you will become. Do so in a conscious way, in a thoughtful way, in a loving way. And as you change, your world will change. Believe in miracles, believe in possibilities. Summon all of the strength in every cell of your body, summon the courage and move forth in changing you, so your world can change. Go forth dear ones, go forth, and embark upon a new journey of change. Remember the energy in which you embark on this journey of change, greatly affects the outcome. Change that comes from fear, is very different than the change that comes from love.

We are with you now and forever, Our love for you is everlasting and unconditional.

April 28, 2020