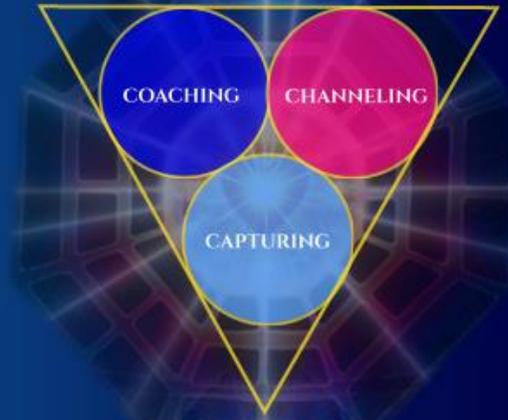


DISCOVER YOUR SELF.
EMBRACE YOUR ESSENCE.
EVOKE YOUR INSPIRATION.

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Learn to Accept and Love What Is

We are Shaltazar the Gavish Banenu, the Energy of 33, the Master Teacher. We have come forth at this time to bring you Divine Wisdom. And so It Is. That Which Is cannot be changed for It Is What Is. Riddles and paradoxes, oh how they confuse you. What if you accepted the confusion as a gift? A gift that can take you to new levels of consciousness. We understand that confusion makes your mind uncomfortable. But just sit for a moment with the confusion. Sit with the not knowing. Feel deeply as you let go of the obsessive mind. Allow the mind to be still. And from the stillness, wisdom will come through. Take a breath, a deep breath, and just Be in this moment.

But then the mind says enough resting, it's time to move forward. What if you just ignored the pushing mind? What if you sent it love? Embrace your active mind and tell it to relax, let go and surrender. Tell your mind to rest for a moment. All will be OK. Feel the moment. Feel the expansiveness of the moment. But as you do the mind tells you that the moment is fleeting. The mind is in a hurry to move to the next moment and the next moment. If you give your power over to the mind it wants to get back to the race it thinks life is. Why does the mind think life is a race? Because it is afraid. Afraid you will miss out, but sadly, you only miss out when you rush the moment. For in essence, all you have is the present moment. And when you don't like the present moment you send the mind out to find something more.

But more is not What Is, more is merely what might be. Why is it that you search for more and don't appreciate What Is? Maybe because your What Is doesn't feel good enough. What if you learned to accept, to love What Is even if it didn't feel good? We have suggested many times before to love that which you do not like. If you could learn to love and accept What Is, you may find the keys to the kingdom, so to speak. Accepting and loving What Is can set you free. Yes, set you free from the endless suffering. If you could learn to be content with the present moment even if it doesn't feel good, you would realize that from that contentment you could transmute your current What Is to a new and better What Is.

You do not realize that denying and resisting the feeling of your present moment only prolongs that feeling being with you. The energy of denying, not liking, and resisting, slows down manifestation. The Source cannot bring forth your next desire from the energy of denial and resistance. Acceptance will get you what you want much quicker and easier. For as We have told you many times,

acceptance is love. And love is the elixir of creation. All that is created by the Source is done so from love. That is why We have suggested many times to love more and to even love what you do not like.

But what We would like to suggest to you at this time is to go one step further when you are in the place of love. And that is to bring up your desire, that which you wish. But do not bring up your desire from a place of wanting or needing. Instead, bring it up from a place of loving What Is. From loving whatever it is you are feeling. From accepting your current state, how you feel in the moment, then and only then, gently, softly, slowly, and lovingly allow your desire to come up in your consciousness, in your mind's eye. Feel it as if you have it Now, in this present moment. Just as We suggested in the message Moving Beyond the 4th Dimension.

The key to this teaching is to love What Is in your current Now Here moment. Don't try to banish the unpleasant present moment. Instead love it and as you bring to yourself a new and better feeling desire, slowly you will find that the uncomfortable, unpleasant What Is will begin to disappear. It will not disappear because you banished it, because you pushed it away, but instead it will evaporate because you loved it away. Yes, love cannot only bring you what you desire, but it also can remove what you do not want. This is an important teaching. It might be easy to believe that love can bring you what you desire, but it may seem surprising that love can take away what you no longer want. For love is the magic formula, the magic pill, so to speak, that brings forth to you what you want and disposes of what you do not want.

That is why it is so important to love that which you do not like. Love is like a vacuum cleaner that can sweep away anything that no longer serves you. That is why when you let go of something unpleasant and uncomfortable with love, it is more likely not to return. It is time if you choose to become an alchemist, a wizard. All you need to do is understand love more to a greater degree. That is why We brought forth the message of the Deeper Meaning of Love. That message brings forth an understanding of love that can set you free from your suffering. Spend more time, lots of time reflecting, ruminating, and understanding love to a greater degree. Learn to integrate and embody that message so you can truly understand love. The more you understand love, the more you can harness its power to not only get what you desire, but to let go of what you DO NOT desire.

Love gives pleasure and love takes away pain. It is truly all you need to live a better life and to become a master creator.

We bring you this message from a place of love. Our love for you is unconditional and everlasting.

June 2, 2020