

DISCOVER YOUR SELF.
EMBRACE YOUR ESSENCE.
EVOKE YOUR INSPIRATION.

JEFFREY EISEN
JEFFREYEISEN.COM



Reconnect to Your Love

We are here with you now and forever. As the sands of time blow in the wind, feel the love that is all around you, that surrounds you, that blankets you. It is Divine Love, it is your birthright. It is Who You Truly Are. But alas so many of you have forgotten that you are Pure Love. So many of you have allowed your human experiences to taint the love that is deep within each and every one of you.

And We hear you say “How can that be? How can there be love deep within the people who are so dark, so ominous, so evil, and so full of hatred towards their fellow man and woman?”

And We understand your query for on one level your observation makes logical sense. How could those with hatred on their lips have love in their hearts? But let Us assure you that they do. They have merely lost their connection to that love. For when they came forth, when they incarnated into human form, when they took their first breath, let Us assure you they were full of love. Every single human being began their human sojourn full of Divine Love. We know because We witnessed it being placed within the human DNA that would grow to become the unique human that each of you are.

And so what has happened to that love that was so evident in the human DNA that is in every cell of your body? If it hasn't disintegrated, if it hasn't been removed, where is it? Why is it not evident in more of your brothers and sisters? You see just like the seedling that sprouts a flower, if it is not watered, if it is not nurtured, it will wither and die. But unlike the young flower that withers and dies, that loses all life, the love within each and every one of you can never die. It can wither, it can weaken, but it will never die. That Divine Love is always, and We repeat always, within you. It is in your DNA, in every cell of your body.

Many of you have allowed your life experiences to cause you to lose your connection to that love. And what occurs from that loss of connection is what might appear to be a withering, a shriveling of that love within you. And because you have lost your connection to the Love, the Light within you dims as well. And in the absence of Light comes the Darkness.

Alas that is what you are witnessing all over your world at this time. As We have told you many times before, you live on the planet of free choice. And although Divine Love is deep within your DNA, your very cells throughout your body, it cannot thrive, it cannot grow, unless it is nurtured. Just as the young seedling it needs water, nutrients and care. And what We have witnessed on your planet as life has become for some, more complicated, more complex, that you are not nurturing the love within you.

It is sad, if such a thing was possible for Us, to witness the withering of love, compassion, caring and understanding on your planet. But it is not too late. It is not too late to change the withering, the snuffing

out, so to speak, of love on your planet. But the only way this withering love can be revived is to change the way you treat yourselves. The way to grow the love that many of you would like to see on your planet, is to begin to cultivate that love that is within you more of the time.

And We hear you cry out in desperation. “How can we nurture the love within when there is so much hatred, bigotry and loathing all around us?”

The answer is to stop focusing on what is all around you and instead focus only on you. You create what you focus on. So if the people of your planet choose to focus on what is wrong then they will get more of what is wrong. You have not lost the love within you, it is not gone, it has not disappeared. You have merely lost your connection to it. Begin to focus more on love. Begin to practice daily techniques that help you nurture the love within.

Stop the judgment, let go of focusing on the desires of the ego. Move to love more of the time. It is your choice what you focus on. We know it is difficult to focus on love when there is so much hatred and darkness all around you. But the key is to stop focusing on what is around you and instead move the focus to within. Begin to nurture and nourish that love that is deep within you. It is in every cell of your body, in your DNA, the Divine Love that We witnessed being implanted in what would become you. Change your focus from without to within. Ensure you have lots of time away from the madness that is all around you. Make sure you have quiet time despite having so much to do in your life. Move the focus away from the doing and more to the being. Meditate, be still, be quiet. Go within and connect with your inner peace. You will not find it around you until you find it first within you.

It is only when you can shut out the external world that you will be able to focus on your inner world. The only way to find and nurture the love deep within you is to find your inner stillness. Once again quiet the mind and move to feel deeply. Feel Us for We are with you always. Let go of the thoughts of fear, anxiety, frustration, guilt and shame. Instead move to thoughts of peace, tranquility and harmony. Allow your heart to open and connect to the beauty that is within, despite the ugliness that is often all around you.

It is like tugging out the weeds that choke out the beautiful flower. Give the flower space, water it, fertilize it and bring it sunshine and it will grow radiant and tall. It will shine its beauty on all that gaze upon it. That flower is you. But you need to make space for yourself in this crowded and overwhelming world. You need to nourish your Soul and find the harmony that is deep within. You need to feed yourself well with the nutrients that keep you strong. You need to pluck out the weeds and distractions that keep you from growing tall and hardy. You need to allow yourself time in the light, in the beauty of your world. Continuing to focus on the darkness and problems all around you will stifle the growth of the beautiful, radiant flower you truly are. You will wither and shrivel up.

Find the love within your DNA and let it lead the way to you becoming the amazing loving, caring and compassionate human being you truly are.

January 13, 2017