

DISCOVER YOUR SELF.
EMBRACE YOUR ESSENCE.
EVOKE YOUR INSPIRATION.

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Your Heart Holds the Key

Greetings, dear ones. We are Shaltazar, the Gavish Banenu, the Energy of 33, the Master Teacher and We have come forth at this time to bring you Divine wisdom. We realize that what you are going through is difficult and challenging and uncomfortable. And for that, We are truly sorry, but it is necessary, for you are in the energy of the great potential for change and no change is not an option. This energy has come forth many times before on your planet. These periods of great turbulence have beset your world many times over your human history. But let Us assure you that this energy of change, these challenges that you are facing, are not punishment, they are not retribution and they are not even karma. They are brought to you with the Unconditional Love of the Source.

And We hear you cry out, “How can that be, how can such suffering, how can such fear, how can such darkness come from a place of love?”

And We know it is difficult from the human condition to understand this, to fathom this. But please, let Us assure you that the Love of Source is sending you this opportunity. Yes, this opportunity to change your humanity, to change the way civilization operates. One of the greatest opportunities for you at this time is to shift your consciousness. For many years the mind has been honoured as the great salvation. The mind is what has been exalted for its intelligence and logic. Yes, the mind has brought you many technological improvements, many inventions. It has advanced your science, medicine and academics. The mind indeed can be credited for many advancements on planet Earth. We are not here to put down the power of the mind. We are simply offering you another possibility of how you can live. A possibility where the mind is not the master but becomes the servant. And to what should it become the servant to? We would suggest your heart of hearts. It is time to open your heart and allow your feelings, allow your heart consciousness to lead the way.

Again, We hear you cry out, “That is so difficult in these challenging times of darkness, of fear, of infighting, of doubt, and of not knowing.”

We would agree that with those uncomfortable, difficult, and challenging feelings it will take great courage to allow your heart to lead and for your mind to follow. But let Us suggest to you that the uncomfortable, the difficult, the challenging, the lower and slower feelings that are coming up all over the world during this difficult and challenging time, are for purpose. They are truth coming to you from a place of love.

And you say, "How can these darker, uncomfortable feelings come from a place of love?"

We would suggest to you that is one of the purposes of human life. To experience the duality, to experience what is beyond the unity of the Source. You agreed to incarnate in human form, to go forth into the place of polarity, to the place of duality, so you could experience the full spectrum of emotions. So you could have the opportunity to experience the height of love, joy, bliss, and harmony. But also experience desperation, fear, anger, depression, guilt, and shame. It is all for purpose. There is an opportunity at this monumental time in human history for you to bridge the gap, for you to move above the swing of the pendulum, for you to master the duality, and to bring forth your humanness and your divinity into one. But in order to do so, you will need to look at those lower and slower, those uncomfortable, those difficult feelings in a different light.

Feelings are truth and if you could acknowledge them and accept them as your best friend, they will speak to you. There is much angst, there is much challenge, there is much loneliness at this time for your world is going through a difficult transitional period. But We would invite you to sit with the painful feelings and realize that there is a message for you in that discomfort, in that discontentment. Just as when the body is feeling unwell, often you will get a fever or other symptoms the body sends you to let you know something is wrong. Distressing feelings are just telling you something is off in your emotional body. So, when an unpleasant and annoying feeling comes up just ask what message it has for you. In order to get that message, you must not resist the feeling or try to avoid it. You must not judge it as bad. You must feel it fully no matter how irritating it is. Allow it to be your friend even if it is trying to tell you something you may not want to hear.

There is much darkness coming forth on your planet at this time. The pandemic you are experiencing is bringing forth much infighting, divisiveness, fear, and anger. But the virus you call COVID-19 is not a living organism. It was not necessarily created by the Source itself for the Source only creates that which is living. So where did this virus come from? It is a manifestation of the Collective Consciousness. It is a mutation of the darkness that is oozing to the surface, not so that it can destroy your humanity, but so that it can give you an opportunity to heal your civilization. To create anew, to create a New World order.

And what can heal that darkness? Love.

And what can heal those difficult, challenging, and unpleasant emotions? Love.

For as We have told you in the message, Understanding the Deeper Meaning of Love, love cannot only give you what you wish, but love can take away that which you do not wish. We urge you to begin to love that which you do not like, those uncomfortable feelings. We do not deny that they are unpleasant, that they are difficult, that they are challenging and they are coming up more and more. The Source is recalibrating, shifting, and changing the energy on your planet. And it is uncomfortable for you Our soul brothers and sisters, but We are sending you love. We are sending you support. We are urging you to realize that just as the fever tells you that your body is out of alignment, that your body is out of homeostasis, the difficult and challenging feelings that are coming up within many of you are here to tell you it is time to change. Your emotional body, your mental body, your spiritual body is out of alignment. And if you run away from, if you resist those lower and slower feelings, they will persist, they will continue to bring you discomfort, dis-ease, and suffering.

We ask you to embrace those feelings with love. We ask you to look deeply into those feelings for the inner truth that is telling you that you are out of balance, you are out of harmony. Learn to accept and We have told you many times before that acceptance is love. Yes, it is the lower end of the continuum of love. Acceptance does not feel like joy, acceptance does not feel like bliss, but acceptance is love. So, accept that which you feel. Do not run away from it even if it feels painful. It is your truth trying to tell you something important. Bring light to your darkness. Learn to love your shadow, learn to love

the parts of you that you disapprove of. And when you do so, the energy blocks will disappear. Love will vacuum up that which is preventing you from moving more into the light, that which is preventing you from re-creating your life. Many of you have realized that what you are doing is no longer satisfactory, is no longer pleasant. That the suffering is too great. We wish We could give you a magic pill. We wish We could wave a magic wand and you could feel better and your darkness would instantaneously disappear. We can't but what We can do is tell you that you can become an alchemist. You can turn that which is unpleasant into something that is more pleasing. And you can do so with love.

We now bring this message full-circle. We started by telling you if you so choose the mind can give up leading the way, so to speak. We encourage you to allow your feelings, your heart of hearts to show you the way instead. But for that to occur you must learn to accept the lower and slower, the unpleasant, the distasteful feelings with the same gratitude that you accept the joy, the bliss the harmony. Realize that you live in the duality and although you live in this world you are not necessarily of this world. Connect to that part of you that has been here many times before and allow it to help you become the alchemist. The alchemist that can take the energy that is heavy, that is murky, that is dark, that is foreboding and transmute it into love. For you, dear ones have the capability, the possibility, and the opportunity to become the emissaries of love for your planet. In order to do so, you must first learn to love yourself fully, to love yourself unconditionally as the Source does. For you cannot give to others what you do not have yourself.

This can be a time of rejoicing in the midst of the devastation and the challenges that your world is going through. You can do so by putting love in your hearts and letting love lead the way. Ask your mind to step down. Ask it to step aside as the master, ask it to become the servant of your heart of hearts. When you have learned how to understand those difficult, challenging, and uncomfortable feelings you will be able to lead with your hearts, dear ones. You will be able to lead with love. Your world needs you now.

We bring you this message from a place of love. Our love for you is unconditional and everlasting. Now go forth in peace, go forth in harmony, go forth in love, and become the pioneers that can bring forth the New World Order. And so it shall be.

December 16, 2020