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## Your Personal Journey of Change

Greetings, dear ones We are Shaltazar, the Gavish Banenu, the energy of 33, the Master Teacher and We have come forth at that this time to bring you Divine Wisdom. Wisdom that hopefully can help you navigate the turbulent waters you are now in. We have told you that you are in the Energy of the Great Potential for Change and no change is not an option. Therefore, it is critical that you consider change very seriously at this time. Change is necessary because your civilization, your planet, regularly goes through waves of transformation. The seasons on your planet are about to change. In the Northern Hemisphere, spring is about to come forth, while in the Southern Hemisphere, autumn will soon arrive. Have you ever pondered how fascinating it is that not all of your world experiences the same seasons at the same time? You may have learned the science of why that is but there is a greater purpose. The diversity of everything on your planet is something that has been decreed, it is something that is by the design of the Source itself. And so now as the seasons begin to change, there is an opportunity for you to embrace the energy of change in a new way.

In order for humanity to transform, the individual must change. And so, if you are ready to embark on your Personal Journey of Change, We would like to offer you some guidance that may assist you. Many of you have been feeling a certain dissatisfaction and discontentment. Some of you have felt bored. Some of you have felt despondency or frustration, or anger. And some of you have even experienced depression. Although those feelings are uncomfortable, although those lower and slower vibrations do not feel pleasant, they are for purpose. You may notice that often the lower and slower start out less extreme, but as time goes on, the intensity, the force of those unpleasant feelings gets stronger. Let Us suggest to you that the less intense feelings are merely a nudge. But if you are not prepared to pay attention to that prod, then We are obliged to send you a stronger wake-up call. That is where the deeper and darker feelings like depression begin to surface. This is not about judgement or punishment. Whatever you are feeling that is not pleasant and comfortable is your wake-up call to begin your Personal Journey of Change.

And We hear you cry out, “How do we go about this journey of change?”

We would suggest you start by letting go of the mind. Even the question you ask assumes there is a process, assumes that there is a manual of procedure for this change. But that my dear Soul brothers and sisters is an illusion. And so you will continue to seek, continue to look for the answers outside of yourself. You will look in the books, you will check on the world wide web to find answers, to seek the techniques, the processes on how you can change. And may We say We are pleased so many great

teachers are bringing forth teachings, modalities, guidance, and ways to help you on your journey. It is commendable that there are so many who have embarked on becoming teachers in this period of great awakening. But please know they are merely your guides; they are not the solution. They can only facilitate; they cannot bring forth the change within you. That is your responsibility. That is up to you. It is you who must create the change.

We have spoken before of the layers of learning. The lower layers of learning begin with reading and studying. They begin with the seeking of knowledge. It is a significant part of the learning journey. It is important you begin to seek the opinions, the teachings, the modalities, the knowledge, the insights, and the beliefs of others as you embark on your search for wisdom. And those of you who are embracing that fully, We commend. But that will not give you all you desire. It cannot bring you wisdom. It is merely the preliminary step. The higher levels of learning are experiential. In order to truly find wisdom, you must experience life fully. That is where knowledge will be transmuted into wisdom. You cannot find wisdom in a book. You must find it by experiencing, by integrating, by embodying the knowledge you have received.

Let Us share with you an analogy. You are planning a vacation, one you have deeply desired for your entire life. You are going someplace you have never been, that you have dreamt about for many years. You go to the travel agent and they make suggestions. You do your research. You investigate all of the points of interest you think you should see. You get books, you talk to friends. You truly believe the more planning you do the better your trip will be. And when you believe your itinerary is complete you are ready to embark on the trip of a lifetime. When you arrive, you take out your list and begin following the plan. You know if you follow the plan all will be great. But it doesn't seem to work out that way. You find some of the experiences did not feel the way you expected them to. You read about a place that sounded so amazing, but when you got there you felt somewhat let down. This seemed to happen over and over again. You cannot understand how your trip was not what you thought it would be. You did so much planning and research. It doesn't seem right.

Why are We sharing this story? To point out that when you plan things in your mind, they do not always end up as you thought they would. True learning and real growth arise from experience. And so, when you take that trip, maybe you should throw away the plan and simply follow your heart. Allow yourself to have freedom, spontaneity, and flexibility. Talk to the locals, engage with people you meet, and explore to your heart's content. Allow your intuition to guide you forth on all the voyages you take. That is where you will find the guidance which is in your Highest Good. That is where We would encourage you to go to begin your Personal Journey of Change. Let go of the plan, let go of the manual of procedure, let go of the 10 steps to a better and more fulfilling life. Allow your feeling consciousness to guide you. Then you will be ready to move from knowledge to wisdom. Begin to experience fully all that is in your path. Don't just study it and analyze it, but fully experience it. The pleasant as well as the unpleasant shall bring you wisdom. And as you do so you will begin to move to a higher state of awareness, a higher state of consciousness. All you are here to learn is available in the experiences of your life. Look deeper into those experiences and you will find the pearls of wisdom. Simply learn how to extract the more profound learning from all you encounter. Feel your learning, don't just think about it. Move to higher layers of learning by fully engaging in all your life experiences.

Although We are suggesting you begin your Personal Journey of Change, you must realize your journey will not be the same as your friends and relatives. Encoded in your DNA are propensities, and within those propensities is a loosely crafted plan that the Source has for your learning and growth. You need not compare your learning and growth experiences to others. Now is time, if you so choose, to embark on that journey with great gusto. Listen to the discontentment. Listen to the dissatisfaction, listen to the despondency, and even listen to the depression. For it is your nudge. It is your Soul's urging to begin to change your life. And it does not matter what the end result of that

change is. For it is the experiencing of that change that is most important for you, for humanity, and for the Source itself.

And so, dear ones We urge you again to begin that journey in earnest. There is no need to read all of the books, there is no need to get someone to give you the itinerary, the manual of procedure, the list of dos and don'ts. Let go of the structure and control, and in its place find freedom and surrender. Simply follow the urgings of your heart of hearts. Go along with the nudging's We send you and begin to experience the higher layers of learning that are available to you by living life to the fullest. Let go of the need to succeed, and instead, embrace the journey of experiencing change.

We bring you this message from a place of love. Our love for you is everlasting and unconditional. Now go forth dear ones, go forth and enjoy your Personal Journey of Change. It will have bumps in the road, it will have twists and turns, but know We are with you always and forever guiding you forth to a higher version of who you truly are.

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